

Fuse Research Programme Meeting

Showcasing Regional Innovations in Preparation for Surgery: Improving Patient Experience, Health Outcomes and Efficiencies

Thursday 9 September 2021, 09:00 – 12:00, zoom details to follow

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This meeting is for anyone and everyone interested in prehabilitation/preparation for surgery from a clinical, academic, commissioning, providing and policy perspective.

This workshop will introduce the concept of prehabilitation/preparation for surgery and will showcase various regional innovations and approaches that have been rolled out across North East England. Research findings and evaluation results, funded by multiple external funding bodies, about improving the patient experience, health outcomes and service efficiencies from the region will be presented. This will also include an opportunity for questions, answers and open discussion on the issues raised and future directions surrounding potential service development and integration within the region.

Who should attend?

These innovations are often delivered across multiple sectors and settings involving primary and secondary care, public health and the third sector. Therefore, the meeting has relevance for clinicians, healthcare professionals, commissioners, providers, policy experts and the academic community.

What will I gain from this?

Insight into the exciting innovations across the region and evidence regarding patient outcomes and NHS efficiencies. The event will also provide facilitated opportunities where participants can reflect on the findings, and shape meaningful recommendations for collaborative cross-sector working for future policy, practice and research in the region.

Event leads:

Gerard Danjoux, Consultant in Anaesthesia and Sleep Medicine, South Tees Hospitals NHS Foundation Trust. Honorary Professor, Hull York Medical School and Teesside University

Jo Gray, Associate Professor, Northumbria University

James Prentis, Consultant Anaesthetist, The Newcastle Upon Tyne Hospitals NHS Foundation Trust, Visiting Fellow Northumbria University

Esther Carr, Prepswell Project Manager, South Tees Hospitals NHS Foundation Trust

Rhiannon Hackett, Consultant Anaesthetist, South Tees Hospitals NHS Foundation Trust

Fuse Research Programme: Complex Systems

Programme

09:00-09:15	<p>Setting the Scene</p> <p><i>Welcome</i> – Gerard Danjoux (5)</p> <p><i>Impact of pandemic on elective surgery - 'Elective Surgery Reset'</i> - Chris Snowden, Consultant Anaesthetist, Newcastle Upon Tyne, National GIRFT Anaesthesia Lead, North and Yorkshire GIRFT Clinical Ambassador (10)</p>
09:15-10:15	<p>Regional showcasing</p> <p>South Tees: <i>PREP WELL</i> - Rhiannon Hackett, Consultant Anaesthetist, South Tees Hospitals NHS Foundation Trust (10)</p> <p><i>Digital Joint School</i> - Paul Baker, Consultant Orthopaedic Surgeon and R&D Director, South Tees Hospitals NHS Foundation Trust (10)</p> <p><i>Digital prehabilitation</i> - Leah Avery, Associate Professor in Applied Health Psychology, Teesside University (10)</p> <p>Newcastle: <i>Chemofit, 'get fitter before your surgery'</i> - Rhona Sinclair, Consultant Anaesthetist, Newcastle Hospitals NHS Foundation Trust (10)</p> <p><i>Are behaviour change interventions before surgery acceptable and effective?</i> - MacKenzie Fong, Research Fellow, NIHR Applied Research Collaboration North East and North Cumbria, Newcastle University (10)</p> <p>Durham: <i>The Well-being for the Time Being Durham programme – emerging model and early insights</i> – Edward Kunonga, Programme Director Population Health Management, NECS, Consultant in Public Health- County Durham and Darlington NHS Foundation Trust, Consultant in Public Health - Tees Esk and Wear Valley NHS Mental Health NHS Foundation Trust (10)</p>
10:15-10:25	Q&A
10:25-10:35	Comfort Break

10:35-11:05	<p>Patient Experiences and Preferences</p> <p><i>THEN and NOW</i> - Dave Prentis and Sue Hackett, patient representatives (20)</p> <p><i>Exploring patient preferences for home based prehabilitation</i> - Dr James Durrand, Specialty trainee in anaesthesia and intensive care medicine. PhD student Northumbria University Department of Sport, Exercise and Rehabilitation (10)</p>
11:05-11:25	<p>System efficiencies/return on investment</p> <p><i>Does it stack up?</i> - Jo Gray, Associate Professor, Northumbria University (10)</p> <p><i>System approach to waiting well in NENC ICS</i> – Dr Neil O'Brien, Chief Clinical Officer County Durham, Sunderland and South Tyneside CCG's (10)</p>
11:25-12:00	Q&A Session and next steps (35)
12:00	Close of meeting